

Bariatric Refresh

This virtual program offers:

Over 20 self-paced modules including video presentations, digital downloads, & worksheets

This is a unique program that incorporates both nutritional & mental aspects of post-surgery lifestyle changes. The information in this program is provided by a Dietician & Psychologist with over ten years of experience each.

This program is for you if you're looking to get back on track, or stay on track for a lifetime of success after bariatric surgery, all in the comfort of your own home.

Enrollment is Open

Cost:

\$97/month USD (3 month minimum)

Payment plans are accepted if needed

Contact:

if you have questions or would like to register:

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